



### COMING EVENTS

[Click here to view the full calendar online](#)

Tuesday 5 August	Class 9 Parent Meeting 6pm
Tuesday 5 August	Class 10 Parent Meeting 6.30
Wednesday 6 August	Open Day
Friday 8 August	Class 2 Pasta Lunch Bar
Friday 8 August	Charity Team Movie Night 5pm
Friday 8 August	Vox Humana Choral Music Performance, 6pm, Auditorium
Tuesday 12 August	Class 8 Parent Meeting 6pm

Kia ora e te whānau,

**"Nāu te rourou, nāku te rourou, ka ora ai te iwi."**

*"With your food basket and my food basket, the people will thrive."*



What a wonderful week it has been in the life of our school! Who can believe that today is the first day of August?

This week, our Class 11 and 12 students took part in the annual Mud Run, a key component of their NCEA internal assessment. The 6km course tested not only their physical endurance but also their determination and teamwork. Their assessment is based on their finish times, and by all accounts, they rose to the challenge and had a fantastic time doing so!

Looking ahead, we're excited to be hosting our Open Day next week. This is a great opportunity for prospective families to experience the special character of our kura. Please feel free to spread the word among friends and whānau who may be interested in learning more about our school.

Earlier this week, I received an unexpected message from an old friend - someone I hadn't spoken to in years - offering warm congratulations after reading **Metro magazine's annual NCEA report card** for Auckland Secondary Schools. We are proud to share that our school placed **1st in the Arts**, which includes visual arts, painting, photography, and performing arts such as music and drama. We also placed **4th in Science**. For a school of our size, these results are a wonderful affirmation of the meaningful relationships, supportive curriculum, and holistic approach we prioritise. Our students are nurtured to grow, create, explore, and achieve, and it is heartening to see that this dedication continues to translate into outstanding outcomes.

We are proud to be a place where teaching and learning are deeply connected to wellbeing and whanaungatanga - and it's

always encouraging to be reminded that our students continue to thrive and punch well above our weight.

Ngā mihi nui,  
Desmond Pamerika  
Tumuaki

### SCHOOL BOARD ELECTIONS

**Schooled Election Pilot** has been appointed by the Michael Park School Board as the returning officer for the upcoming triennial school board election.



Nominations are open for the election of parent representatives to the Michael Park School Board. An email was sent on 18<sup>th</sup> July to all parents and caregivers on the school electoral roll. **Nominations close on 06 Aug 2025 at noon.** If you have not received the email, please check your spam/junk folders. If you have any questions, please contact the elections team on [election@electionpilot.nz](mailto:election@electionpilot.nz) or on 0800 VOTENZ (0800 868 369).

The link for nominating online is: <https://app.electionpilot.nz/elections/michael-park-school/1368/nominate>

Please contact the school office if you require a hardcopy nomination form.

#### Staggered Election Cycle

We are seeking 6 parent representatives for the Michael Park School Board (not 7, as stated in the email from Election Pilot) and we encourage you to nominate yourself or someone else for these roles.

The MPS Board has agreed to adopt a staggered election cycle. This won't affect this election, where 6 parent representative positions are to be filled but, going forward, a mid-term election will be held as well as the usual triennial election, and 3 parent representative positions would be filled at each of those elections.

The board felt the staggered election cycle approach would provide better continuity for the Board and the school.

To get in sync with the staggered election cycle, 3 of the 6 positions being filled at this coming election will be for a half (18 month) term. Which parent representatives do the shorter term will be by mutual agreement or based on lowest number of votes if mutual agreement cannot be reached.



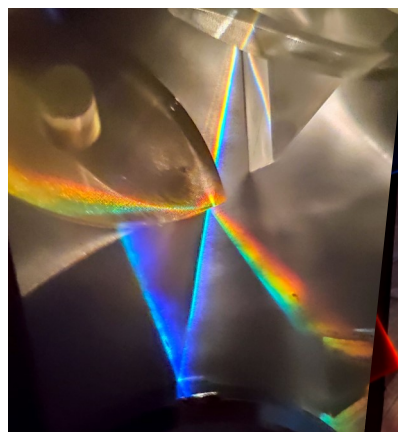


## Main Lessons

## CLASS 10 WAVES

Class 10 is riding the wave of discovery in their current Main Lesson! From the crashing surf to beams of light and pulses of sound, Class 10 are exploring waves in all their fascinating forms. Students created stunning art by bending light through lenses, delved into medical science by examining the structure of a cow's eye, and watched wave physics in action with Mr Mander's epic slow-mo footage of bursting water balloons.

[Check out our social media for a live-action video!](#)



## TOUGH GUY AND GAL CHALLENGE

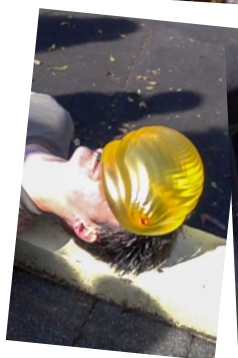
On Thursday, some of our Level 2 and 3 PE students participated in the annual Tough Guy and Gal competition, a gruelling 6km run consisting of mud pits, climbing walls and tunnels determined to push participants to their limits. Once again, Michael Park students stood up to the challenge and completed the course with a smile (and a bit of mud) on their faces.

Congratulations to Tilly Arasaratnam for coming 4th overall in the female category.



## JUNIOR TOUGH GUY

And, from our lower school, Mako Edmonds represented Michael Park School at the 2025 Junior Tough Guys and Gals in Pukekohe on 25th July. Ka mau te wehi Mako!







## TE AO MĀORI

A space dedicated to promoting te reo me ōna tikanga Māori

This week in our Matariki Te Reo Challenge, I shared a folder of resources with staff that trace some of the history of the waka that landed in Tāmaki Makaurau, or, as it is sometimes called, 'Tāmaki Herenga Waka' - the gathering place of waka.

I also shared an article with some amazing kōrero about the names of places in our region and the article includes the pūrākau about Hape, who, so the pūrākau goes, caught a ride to Aotearoa on a stingray after he was left behind in Hawaiki when the Tainui waka set out to Aotearoa, arriving into Manukau Harbour before the Tainui waka. It's well worth a read to find out more about the significance of this pūrākau to many of the names of places (such as Karangahape Road) in our rohe. The ink is here: <https://www.stuff.co.nz/pou-tiaki/127300161/tmaki-makaurau-how-the-suburbs-and-maunga-carry-citys-history-in-their-names>

### WHAKATAUKĪ O TE WĀ:

He taonga rongonui te aroha ki te tangata.  
Good will towards each other is a precious gift.



## CHARITY TEAM MOVIE NIGHT

The Charity Team are bringing back Movie Night this year, as a way to wrap up our fundraising efforts for the 40 Hour Challenge run by World Vision. We'd love for you to join us (and bonus points if you come in your PJ's) Friday evening 5-7:30pm in Room 9 (in the high school) to watch the 2025 live action Lilo and Stitch!

Entry fee is \$5 and there will be yummy baking, popcorn and drinks available for sale, so bring some money along. Feel free to bring a beanbag or cushions along with you.

A note that this is for Classes 4+, high school are welcome too.

Parents - please pick up your children by 7:45pm, we will have Cathy and the team making sure everyone gets home safe :)



We hope to see you there!  
Amberley, on behalf of the Charity Team

Class 2

## PASTA BAR

Friday 8 August

### MORNING TEA / DESSERT

Sweet and Savoury Options

### LUNCH - PASTA BAR

\$5

#### Step 1

Choose your pasta

- Standard
- GF

#### Step 2

Choose your sauce

- Red (meat or vegan)
- White (cheesy)
- Green (vege)

All nut free

#### Step 3

Choose your toppings

- Cheese
- Salad
- Olives
- Grated carrots
- Chili flakes
- And more

**Extra hungry? +\$2**  
Ask for a bigger portion

**Discount -\$1**  
BYO plate/cup/bowl  
and fork to save

◆◆◆ The Charity Team invite you to... ◆◆◆

# Movie Night



JOIN US IN YOUR PJ'S TO WRAP UP THE FUNDRAISER FOR WORLD VISION'S 40 HOUR CHALLENGE

**FRIDAY 8<sup>TH</sup> OF AUGUST**  
**5-7:30 PM**  
**ROOM 9 (HIGH SCHOOL)**

**\$5 ENTRY FEE**  
Popcorn, baking and drinks \$2 - so bring some money!!

**CLASSES 4+ & OPEN TO HS TOO!!**

◆◆◆ SEE YOU THERE :) ◆◆◆

**WATCHING ....**



**LILO & STITCH 2025 LIVE ACTION!**



## Class 4 has been learning stories about the Discovery of Aotearoa

### CONGRATULATIONS VIOLET

Congratulations to Violet Theodore, who recently performed on violin in the South Auckland Performing Arts Competitions. She gained first place in the Senior Strings Contemporary Class and was awarded the "Most Promising String Player" trophy for the whole Senior Strings competition.



## ★ THE DISCOVERY OF AOTEAROA

Rolling waves,  
out at sea,  
in a waka,  
made from trees.  
The wind, a hum,  
while eating pie.  
The poem is done,  
for now, goodbye!

By Anika V

There was a waka,  
on a migration.  
It was made out of  
mana,  
but the sails were all  
your imagination.

Mako E

RSST PRESENTS...

## PARENT EDUCATION PROGRAMME

Bringing together whānau & community to experience Steiner Education.

## HANDWORK with Michelle Mullany

SATURDAY, 23rd AUGUST 2025

WORKSHOP ONE: Crochet and knitting for beginners

Learn to knit or crochet a facecloth/dishcloth or similar  
9.00am - 12.30pm

WORKSHOP TWO: Sewing for beginners

Learn to sew a fabric bucket  
1.00pm - 4.30pm

Venue: Handwork Room, Michael Park School

Cost: \$20.00 per workshop\*

RSVP: To register for our parent workshops,  
please email Haidee in the school office:

[haideet@michaelpark.school.nz](mailto:haideet@michaelpark.school.nz)

\*Please note that your place is not confirmed until payment is received.



# SPOTLIGHT ON RHYTHM

## PREDICTABILITY THROUGH RHYTHM: CREATING CALM IN THE EVERYDAY

In a child's life, predictability equals security

In a busy and ever-changing world, rhythm offers children something deeply nourishing: a sense of security. When they know what to expect, they can relax, feel safe, and meet the day with more confidence.

Rhythm is more than routine. It's the gentle repetition of moments that are held with warmth and presence - like lighting a candle at breakfast, singing a tidy-up song, or walking the same path to school each morning.

These small, familiar rituals carry connection and meaning. They anchor children in the flow of the day and help ease transitions, especially when there's resistance or big feelings.

When something isn't working - mornings feel rushed, bedtimes are a battle - it can help to step back and bring in a sense of rhythm. Is there one small, meaningful gesture you could repeat each day to bring a bit more joy or connection to that moment?

Rhythms don't need to be elaborate. In fact, the simpler, the better. They grow slowly, with intention and care. Preparing the night before can help you meet the morning with calm, and prevent the friction that often comes when things feel unpredictable.

**IN THE END, RHYTHM ISN'T JUST ABOUT GETTING THINGS DONE -  
IT'S ABOUT HOW WE DO THEM, AND HOW WE MAKE SPACE FOR  
CONNECTION ALONG THE WAY.**



## Simplicity Parenting WORKSHOP | 13 SEPT 2025

**Saturday 13 September, 9am-2.30pm, Michael Park Kindergarten**  
BYO lunch. Cost: \$50 per person.

**Please email [hello@leahcorbett.co.nz](mailto:hello@leahcorbett.co.nz) to register. Spaces are limited.**

 **Leah Corbett**

EMPOWERING PARENTS | [www.leahcorbett.co.nz](http://www.leahcorbett.co.nz)





# Simplicity Parenting WORKSHOP | 13 SEPT 2025

Create more space for connection, secure attachment,  
love and laughter in your family

Based on the book 'Simplicity Parenting' by Kim John Payne, as a group we will learn practical ways to ease the daily tensions and parenting battles we all face in this fast paced modern world.

What we'll cover:

- Decluttering the environment.
- Bringing rhythm, ritual and predictability into each day.
- Allowing children plenty of downtime and play without overscheduling.
- Filtering out adult concerns and screentime that causes confusion, fear and anxiety.

The course is facilitated by Leah Corbett – a parent educator, primary school teacher and Michael Park parent.

**Saturday 13 September, 9am-2.30pm, Michael Park Kindergarten**  
BYO lunch. Cost: \$50 per person.

Please email [hello@leahcorbett.co.nz](mailto:hello@leahcorbett.co.nz) to register. Spaces are limited.

 Leah Corbett

EMPOWERING PARENTS | [www.leahcorbett.co.nz](http://www.leahcorbett.co.nz)

## 2026 TERM DATES

*Any changes will be published in the Friday Flyer.*

*[Click here](#) to view the full calendar online*

### TERM 1, 2026

**Monday, 2 February - Thursday, 2 April 2026**

Waitangi Day - Friday, 6 February

Teacher Only Day - Monday, 16 March

Good Friday - Friday, 3 April

### TERM 2, 2026

**Monday, 20 April - Friday, 3 July 2026**

ANZAC Day - Monday, 27 April

King's Birthday - Monday, 1 June

\* Matariki Holiday is during school holidays - Friday 10th July \*

### TERM 3, 2026

**Monday, 20 July - Friday, 25 September 2026**

Mid-Term Break - Friday, 21 August

### TERM 4, 2026

**Monday, 12 October - Wednesday, 16 December 2026**

Labour Day - Monday, 26 October

Mid-Term Break - Friday, 13 November



## Helping Hands of Michael Park

### MPS back at the Fairy and Pirate Festival!

Helping Hands are leading another magical MPS stall at the Ellerslie Fairy and Pirate Festival this September! Our unique stall was a hit last year - we got great feedback, stood out in the crowd, and connected with local families while clearing up a few myths (we're not private or full!). This year, we're back with a lucky dip and a table full of festival-inspired goodies - perfect for little ones with a few coins while we chat to their grown-ups.

We're on the lookout for festival-themed donations - think wooden swords, crowns, eye patches, ladybird rings, fairy doors, wands, tiny wooden boats, and headscarves. If you're a crafter, we'd love your creations - and if you can make more than a few, we're happy to cover material costs.

We know the fair is fast approaching and everyone's busy, so we're not asking for boxes of stock - our aim is around 200 items total. A handful from a few people, plus a few more from our super-crafters, will set us up beautifully.

Got something to offer or keen to help? Please email [reneecoulter@gmail.com](mailto:reneecoulter@gmail.com).

## COMMUNITY NOTICEBOARD

*Looking to support trades and services within our school community? [Click here](#) for the Community Skill Share list.*

- **Are you looking for a rural lifestyle in Mt Wellington?** A furnished room is available for someone wanting to join our haven. To share with a quiet and respectful male flatmate, Our little oasis is filled with fruit trees, veggie patches overlooking the estuary with friendly roaming chickens. There is also a good natured dog and a cat living on the property. Contact Nad 021 02401291.
- **Looking for a single studio or bedroom** with an ensuite somewhere close to Michael Park School. Thank you! Tina [tina.chen96@yahoo.com](mailto:tina.chen96@yahoo.com) 0288 522 6572

Contact the editor, Dana Marcroft at [fridayflyer@michaelpark.school.nz](mailto:fridayflyer@michaelpark.school.nz)  
Guideline 150 characters maximum please. Deadline midday Thursday.



# Michael Park School Apparel

We're introducing a range of quality school clothing featuring our school logo. In the coming weeks you'll see a number of staff modelling these. This is a great opportunity for our tamariki and whānau to show pride in our amazing school community, stay warm through the cooler months, and help preserve everyday clothes from wear and tear.

If you're interested, we have sample items available in the school office for sizing. Ordering is simple and can be done by following the attached flowchart. Website for ordering - <https://funto.co.nz/>



**Hoodies Adult - \$69**  
**Hoodies Kids - \$67.50**

**OPTIONAL : Student name small print only inside the bottom part of the hoodie - \$5**

All prices are inclusive of GST.



**WOLL Wolly knit Beanie**  
**\$31**

For order assistance: Call: 027 5265321 email:sup@funto.co.nz



Michael Park School

## Michael Park Hoodies & Beanies Online Ordering System

FUNTO

**Go to [funto.co.nz](https://funto.co.nz)**

**Click on  
ORDER UNIFORMS**

**Complete Registration  
\*if first time to order.**

**Registration Account Type:  
Michael Park School  
then click Register**

**Log in to your account**

**You can see  
Michael Park School items**

**Place your order &  
payment.**

**You will receive email  
confirmation of orders**

**You will receive email  
notification once order  
has been couriered.**

For order assistance: Call: 027 5265321 email:sup@funto.co.nz



WALDORF WAYFARERS SINGERS FROM AUSTRALIA, TAIWAN, INDIA AND JAPAN PRESENT



# VOX HUMANA

## CONTEMPORARY AUSTRALIAN CHORAL MUSIC

WITH CHAMBER ORCHESTRA  
DIRECTED BY JUDITH CLINGAN AM

FEATURING A NEW WORK OF MUSIC THEATRE *THE PROPHET*  
WORDS KAHLIL GIBRAN | MUSIC JUDITH CLINGAN

FRIDAY 8 AUGUST 6.00PM  
MICHAEL PARK STEINER SCHOOL HALL | 55 AMY STREET ELLERSLIE

\$30 FULL | \$20 ADULT CONCESSION | \$10 UPPER SCHOOL STUDENTS | LOWER SCHOOL STUDENTS FREE  
CASH OR CARD AT DOOR | ENQUIRIES AND BOOKINGS 0410 617 427 OR JUDITHCLINGAN@ME.COM

## DOLL MAKING COURSE

WITH NINA HAMILL

MAKE A BEAUTIFUL WALDORF STEINER INSPIRED  
DOLL FOR YOUR CHILD OR WHANAU  
IN JUST ONE WEEKEND

AUGUST 9 & 10  
9AM - 1PM BOTH DAYS

COURSE COST : \$160  
TEA AND BISCUITS PROVIDED

MICHAEL PARK HANDWORK ROOM

RESERVE YOUR PLACE NOW: [NININOSCH@GMAIL.COM](mailto:NININOSCH@GMAIL.COM)

A MINIMUM OF 4 DOLL MAKERS NEEDED FOR THE COURSE TO GO AHEAD



## SNAPDRAGON SHOP

OPEN FRIDAYS  
8:15-9AM  
& 2-3PM

AND NOW ON  
INSTAGRAM



THE CHRISTIAN COMMUNITY  
THE MOVEMENT FOR RELIGIOUS RENEWAL

You are very welcome to come along to our  
FAMILY AND COMMUNITY SUNDAYS

- 10.00am THE ACT OF CONSECRATION OF THE HUMAN BEING  
Followed by morning tea
- 11.30am FAMILY AND COMMUNITY TIME  
with singing, story and  
SUNDAY SERVICE FOR CHILDREN

Followed by lunch. Please bring food to share.

### Dates for 2025:

June 1st  
June 29th (Festival of St. John)  
August 3rd  
September 7th  
October 5th (Michaelmas Festival)  
November 2nd  
December 7th  
December 28th (Christmas festival)

Your donations support our continuing work throughout New Zealand.  
Thank you for your support.  
Christian Community Inc 03-0259-0112730-04 (Auckland)

10 RAWHITI ROAD ONE TREE HILL 09 525 2305  
Hartmut Borries 021 259 8555 [hartmutborries@mailbox.org](mailto:hartmutborries@mailbox.org)  
Cheryl Prigg 021 023 20932 [cheryl.n.p@gmail.com](mailto:cheryl.n.p@gmail.com)