





### **FRIDAY FLYER**

6 June 2025 Issue 15

#### **COMING EVENTS**

<u>Click here</u> to view the full calendar online

9-13 June Lower School Dental Van

Tuesday 10 June Parent Evening - 'Study Skills'

Wednesday 11 June Open Day

Friday 13 June Pyjama Day

Friday 13 June MPS Concert

Saturday 14 June High School Ball

Thursday 19 June Takurua Festival

Friday 20 June Matariki Public Holiday

Tālofa, susū mai, afio mai, maliu mai!

'la malu lou sā. Folau i lagimā – A wellgrounded self, is a successful self'.

Welcome to the end of Vaiaso o le Gagana Sāmoa – Sāmoa Language Week.



With only three weeks to go until the end of term, it's wonderful to see so many school-wide events filling our calendar. This afternoon we marked the beginning of this busy and celebratory stretch with our Whitsun assembly—a reflective and uplifting gathering for our school community.

Next week continues the momentum with a number of exciting events:

On Tuesday evening, we warmly invite all parents and

caregivers to a FREE parent presentation workshop with renowned educator Karen Tui Boyes. During the day, Karen will be working with our high school students, unpacking learning strategies and study tips. Her evening session will build on these workshops, offering practical ideas and insights to help parents support their young people at home. It promises to be a valuable and engaging evening—we encourage you to come along!

- On Wednesday, we open our doors to prospective families for our School Open Day. You may have spotted our promotional material online or on the digital billboards at Greenlane roundabout and Ellerslie Main Highway. Please help us spread the word—let your friends and whānau know about this opportunity to experience what makes our school special.
- Friday brings the joy of our School Music Concert, where our talented students will take to the stage and share their musical gifts with us.

And finally, the week wraps up in style with the High School Ball on Saturday night—a much-anticipated highlight for our senior students.

It's a busy and vibrant time in our school year, full of opportunities to connect, celebrate, and share what makes our community so unique.

GO THE BLUES UP THE WAHS

Manuia le afiafi,

Desmond Pemerika Tamaseu

Puleaoga | Principal







#### **CELEBRATING SALLY**

This week, I reluctantly accepted the resignation of our much-loved kindergarten teacher, Sally.

Sally has been an integral part of our kindergarten for nearly 30 years. Over that time, she has been the first point of connection in the educational journey for countless tamariki and their whānau within our kura.

To acknowledge and celebrate Sally's extraordinary contribution to our school, we will be holding a special whole-school assembly on

the last day of term at 1:00pm. Further details will be shared in the coming weeks.

We warmly invite all whānau—past and present—to join us for this very special occasion as we honour Sally's remarkable service and legacy.

Ngā mihi nui, Desmond Pemerika

#### **LOWER SCHOOL DENTAL VAN**

The Lower School Dental Van will visit the school from Monday 9th until Friday 13th June. The dental team will be seeing the children who are most overdue for dental visits and who are enrolled at the Sylvia Park Dental Clinic.

If you have any queries regarding this visit, please contact the Sylvia Park Dental Clinic on 570 9310.







### TAKURUA FESTIVAL

Dear Whanau,

As nature heralds midwinter with heavy rain and strong winds, we prepare ourselves to get together as a community to share an evening of celebration and ritual. Festivals are a landmark for us as a community, and a good reason to come together to meet and share food, laughter and joy around the fires.

This year we will have the Takurua (winter) Festival on the evening of Thursday 19 June, starting at 5:30pm at the steps in front of classes 2 & 3.

The evening will include beautiful singing from the lower school classes, a performance from class 7, a lantern walk around the school and through the grotto village built by Class 6, a walk in and out of the big spiral on the soccer field and a culmination at the fires for food roasting and meeting each other.

It is a lovely gathering that we cherish deeply in our hearts as part of the community. Please come and join us for as long as you please. Our celebration will be over before 9pm. All school students are encouraged to join us.

Class 8 will be contributing to the atmosphere of the Festival with warm food available from late afternoon at the lunch bar. Feel free to bring your family earlier for a yummy snack before the ceremony.

You are all welcome to bring food to roast on the fires. We challenge you to be creative and stay away from prepacked food while keeping the joy of sweetness, taste and practicality.



We look forward to welcoming a big crowd and making the best of this lovely opportunity to meet with you and tighten our social bonds.

Greetings,
The College of Teachers

#### **CLASS 4 CAMP**

Once again, Class 4 had the incredible opportunity to head outdoors for their biannual bush survival experience. The students took full responsibility for preparing all their meals by following written recipes, cleaning up after themselves, chopping their own firewood, lighting their own fires, and keeping them burning throughout the duration of the trip. We were lucky to face the challenges of New Zealand's brisk autumn weather—undaunted—as we cooked sausages in the open air. Class 4 once again rose to the occasion, demonstrating the many benefits of outdoor learning in building strength, resilience, and problem-solving skills.









# TE AO MĀORI

A space dedicated to promoting te reo me ōna tikanga Māori

#### MATARIKI CELEBRATION IDEAS

#### Kai for Matariki

As our create our contemporary Matariki traditions, lots of people are finding ways to base their Matariki feast around kai that represents each of the stars.



While we can't all manage a hangi, we can find ways to incorporate something from the earth, representing the star Tupuānuku (kūmara is great), something from the forest and sky, representing Tupuārangi (such as berries or fruit), food from the fresh water like watercress, representing Waitī, and food from the ocean (Waitā), including seaweed.

We shared this recipe last year, but it's such a nice tradition, we're sharing it again. In these next few weeks, as we await the return of Matariki in the sky, how about a warm kawakawa tea in the morning?

#### Kawakawa tea:

The heart-shaped leaf of the kawakawa tree is full of wintery goodness. Packed with vitamin C, it is a digestive aid, immune booster, and blood purifier.



- Pick three or four leaves (the leaves closer to the stem full of holes are the most potent – the caterpillars are showing you to the best leaves).
- Bruise the leaves to help release the flavour.
- Simmer for 10 minutes (with the lid on to keep in the goodness) with 2 slices of ginger, and then add juice of a lemon, and honey to taste.

Basing your Matariki feast around kūmara? There are some lovely kūmara recipes from the brilliant founder of Hapī, Greta Carney, on the Organic NZ website here: organicnz.org.nz/magazine-articles/kumara-recipes

#### WHAKATAUKĪ O TE WĀ:

Ka mahuta a Matariki i te pae, ka mahuta ō tātou tūmanako ki te tau.

When Matariki rises above the horizon, our aspirations rise to the year ahead.



# CHARITY TEAM 40-HOUR CHALLENGE

This year, the Charity Team has set an ambitious goal of raising \$8,000 to support World Vision's mission of helping families across the Solomon Islands. These families are in need of your support to provide them food for today and a future for tomorrow.

"In the Pacific region, 1 in 6 kids is living in severe food poverty. Together, we can change that."

The 40-HOUR CHALLENGE aims to raise awareness by giving up or doing an activity that we take for granted for 40 hours. This year, World Vision have challenged the tāmariki and rangatangi of Aotearoa to give up technology for 40 hours. Find out more about it here → https://www.worldvision.org.nz/

If you'd like to make a difference to even a single kid's or family's life, you can sign up to participate in the challenge and join many others across Aotearoa online via: <a href="https://fundraise.worldvision.org.nz/fundraisers/MichaelParkSchool">https://fundraise.worldvision.org.nz/fundraisers/MichaelParkSchool</a>

to start your fundraising journey! Join our school page on the World Vision website, and here you can track your progress, share your page with the wider community and raise awareness about this year's World Vision global issue.

This year, we are bringing back movie night in term 3 as a fun competition to see who can raise the most! Instead of classes, you'll be competing in your houses, so either Maple, Kōwhai, Jacaranda or Magnolia will top the others. If you had signed up, participated in the 40-HOUR CHALLENGE, and your house wins, you'll be entitled to free entry on movie night as a reward for your efforts. Don't worry, everyone else is invited, and door sales will still go towards World Vision to help families in the Solomon Islands. More information about this soon!!

If you'd like to sign up in person, the Charity Team will be around the lunchbar at morning tea on PJ day (Friday June 13th). Please note that the official 40-HOUR CHALLENGE weekend is from the 13th - 15th of June, but since the high school have Ball that weekend, our official MPS World Vision weekend is from Friday 20th - 22nd. However, you're welcome to participate whenever it suits you.

We hope to see many of you joining up!

~ Amberley and Tilly as leaders of the 2025 Charity Team







## JAMMIES FOR JUNE

Too many children get admitted to Kidz First Hospital at Middlemore with respiratory illnesses because they live in cold damp houses. Let's help!!!

It's going to be a tough winter for many kids so by donating a new pair

of PJ's we can help keep them toasty warm and hopefully out of hospital.

This June our Charity team will be collecting the PJ's . There will be a box in the office for you to place them in and other collection points closer to Pyjama day.

Thanks so much and remember every set of pjs will make a huge difference.

Michael Park Gift of Hope Charity Team

P.S Pyjamas are only \$7 from Warehouse!





# PARENT EVENING

WITH KAREN TUI BOYES

AUTHOR OF 'STUDY SMART' & MULTI-AWARD WINNING SPEAKER



SPEAKING ON:
"TIPS & STRATEGIES FOR SUCCESSFUL
STUDYING & PASSING EXAMS"

As seen on The Project, Seven Sharp and heard on RadioNZ

You'll learn about...

- the 4 phrases of studying
- ways to Study Smarter
- · how the brain learns and remembers
- setting up an effective study environment
- strategies to assist at home

Tuesday 10<sup>th</sup> June 6:30pm - 8pm

MPS Auditorium Free Entry



Helping hands of MPS presents..

# Winter Wellness Fundraiser

Sunday 22<sup>nd</sup> June 2pm - 4pm

Eurythmy room Michael Park School

Tickets \$30 ea or 2 for \$50

Join us for a relaxing & informative afternoon to rejuvenate your mind, body & soul

- A short talk on homeopathic remedies for winter ailments (incl free sample remedy)
- A gentle 45 min yin yoga session
- Relaxing 15 min sound bath to finish

Please bring: Notebook & pen Yoga mat (& optional pillow, blanket, eye mask)

Limited Spaces, Bookings Essential. To book please email Louise: pureessencehomeopathy@gmail.com Subject line: Winter Wellness

#### **COMMUNITY NOTICEBOARD**

Looking to support trades and services within our school community? Click here for the Community Skill Share list.

- Looking for a house/dog sitter to look after our 3 year old labrador in a modern house in the Mt Wellington area (10 minutes from MPS) during the first 2 weeks of July. Contact Chloé at 021 0820 3684 for more info.
- Give a kid a blanket 2025 winter campaign. This is a
  network across Auckland that connects children (& their
  families) living in poverty, with basic items to keep them
  warm. Distribution of items is done largely by starship
  public health nurses, social workers and the domestic
  violence police team.

We are looking for: Blankets, duvet inners and covers, sleeping bags, infant sleep sacks, NEW pillows, NEW hot water bottles, Warm infant, child, teen and adult clothing, pyjamas, robes, socks, beanies, jumpers, track pants, hoodies. I am happy to collect from your place, have things dropped to me, or to meet up at school. Many thanks! Rachel (class 2 & 6 mum).

021 571 648. rachelsmcmahon@gmail.com

Contact the editor, Dana Marcroft at <a href="mailto:fridayflyer@michaelpark.school.nz">fridayflyer@michaelpark.school.nz</a>
Guideline 150 characters maximum please. Deadline midday Thursday.