

COMING EVENTS

<u>Click here</u> to view the full calendar online

24-26 March High School Dental Van

25-28 March Class 11 Camp

Friday 28 March Class 4 Lunch Bar

Friday 4 April Snapdragon Easter Market

Friday 4 April MPS Concert

Wednesday 9 April Last day of Term 1

Thursday 10 April Teacher only day

Friday 11 April Teacher only day

Kia ora e te whānau, nga mihi nui ki a koutou katoa,

I want to acknowledge our Harvest Festival that took place this afternoon. The music and celebration of the event was a special occasion that was enjoyed by everyone. Thank you to Miss Espeche

by everyone. Thank you to Miss Espeche and Mr Bernal for organising and putting this all together.

Next week, Class 11 will be going on camp up north to Waitangi and we wish them all the best for their adventure.

Thank you, whānau, for your adaptability, hard work and resilience supporting your tamariki in their learning that is being carried out at school. A special mention to our Class 12 parents who have been working behind the scene supporting their class play. I am looking forward to watching it tonight.

Have a wonderful weekend with your family.

Me mahi tahi tatou me to oranga o te katoa – Working together for all to succeed, nobody is left behind.

Ngā <mark>mihi mahana,</mark> Desmond P<mark>emerika</mark> Tumuaki

Rerenga kōrero o te wiki

He rā tino ātaahua tēnei It's a beautiful day

FRIDAY FLYER

21 March 2025 Issue 7

CLASS 12 PLAY 'THE VISIT'









CLASS 4 MORNING TEA & LUNCH BAR SAUSAGE SIZZLE, JELLY CUPS & MORE FRIDAY 28 MARCH

RSST

Seeking New Members

If you are passionate about Waldorf Steiner education, here is an opportunity to be part of defining our school's future.

The Rudolf Steiner Schools Trust is one of the governing bodies of the school in partnership with the Board of Trustees and College of Teachers.

We are seeking members to join us and step into roles in 2025/2026.

Our main objectives are to establish, raise and provide the means and management for kindergarten and schooling according to the methods advocated by Rudolf Steiner.

The following fields of interest/experience would be beneficial:

- Waldorf Steiner
- Parent Education
- Fundraising
- Property Maintenance
- Governance

To be eligible to apply, you:

- Are committed to Steiner education and Michael Park School.
- Have sufficient time and expertise to fulfil your role fully.
- Are a critical thinker who can contribute to robust conversations.
- Ability to access email and dropbox.
- Must be at least 18 years of age.

Can attend:

- Approximately 10-12 meetings per year.
- Significant school events.

If you are interested in joining or learning more email us at rsst@michaelpark.school.nz





Introducing 'Helping Hands of Michael Park' Our Rebranded Parent Action Group!

MPS Community Skill Share

We're thrilled to introduce the Michael Park School Community Skill Share - a resource designed to enrich our school and connect our community. This initiative has two key purposes:

It offers parents the chance to volunteer their unique skills, talents, and strengths to support school projects, fundraising, and activities that enhance our school's profile - all on a voluntary basis.

It provides a platform for parents to showcase their professional skills and services to the wider school community, creating a supportive network for offering expertise for paid work.

When completing this form, you can decide whether to include your skills in one or both sections. This form is not compulsory to complete.

Click here to share your skills

This initiative is all about bringing us together, strengthening our community bonds, and achieving shared goals.

Keen to join?

Contact Leah on leah083@gmail.com or 0210 204 0780

The Dhal Wala serves delicious homemade lunches for \$5 a bowl. Curries, hakka noodles, chai and juicies.

Also available after school - dinner sorted!

for a warm bowl of yummy, please bring cash & your appetite on Mondays,

Tuesdays and Wednesdays.

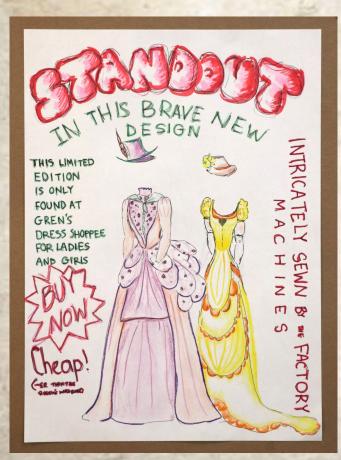
All ingredients are vegan, gluten & dairy free & 100% fabulously made!

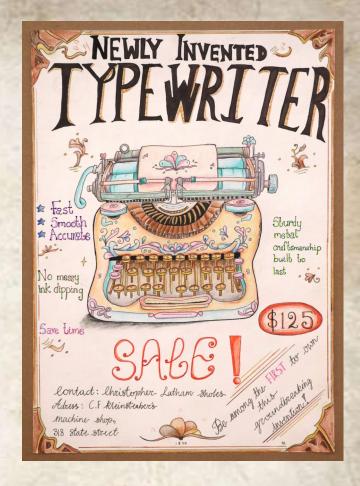
Visit the Dhal Wala website for more info or to pre-order.











Class 8 Main Lesson The Industrial Revolution

This was a period (1760-1900) in which fundamental changes occurred in agriculture, textiles, metal manufacture and the social structure in England. Class 8 explored the changes in society, working conditions, and the environmental effects of the era.





Main Lessons

The Class 3 child embarks upon a year which is dominated by the nine-year change. A new realistic view of the world is beginning to manifest. Strong opinions and feelings are emerging. The class 3 Steiner curriculum meets the child with lots of down-to-earth activities.

Class 3 this year started with a Time and Seasons Main Lesson. We travelled through time exploring the different ways of timekeeping, from observing sun and moon, emerging of weekdays and months, learning them in English, Māori and German while dancing and clapping them. We made a moveable calendar, traced our shadows and made a sundial. We learnt about ancient water and candle clocks and hourglasses.

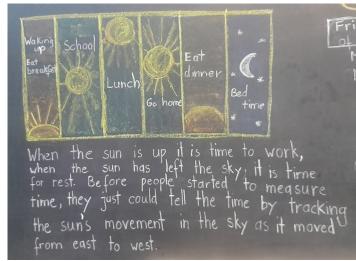
Finally, we arrived at our modern clock. All students made a wooden clock in Outdoor Classroom, making their own short and long hands. A deep connection with the subject was unfolding through this process. Naturally, out of our 'time journey', we practised lots of literacy and maths skills.

It was, I think, a journey we all loved travelling.

Kerstin Mahr

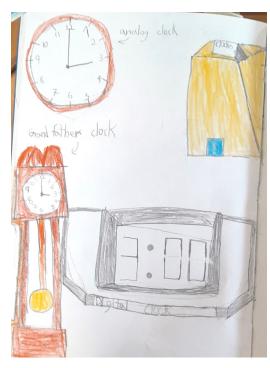












Main Lessons

Spring comes only once a year the bird's sing loudly for all to hour Summer soon will arrive, the sun shines down and the beach comes and the beach comes and the beach comes and the leaves Beauticut colou's failing from the trees.

Will ter blows in with cold there winds about there is not so much growing out of the grownd.

























COMMUNITY NOTICEBOARD

- We are a family of four looking for a 3-4 bedroom house to rent near the school. Please contact Ella <u>ella.ewens@gmail.com</u> 02041278671. Thank you.
- Julz Glover is offering a photography package for MPS families during Autumn.

 Photo Shoot with Julz in central

 Auckland suburbs. Shoots

 Can take place at your home,

 beach or the park. Cash \$390 incl. 30min shoot and 15 high resolution digital images. Send Julz a direct message via Instagram to enquire.
- House for rent in St Johns 3 bed, shared right of way
 with another MPS family. \$700neg. Cute and tidy wee
 house, great neighbours! Possibility of car pooling to
 school (12 mins), kids are welcome to use our play area
 and trampoline. Text Nancy 021 168 6909
- Lovely Ellerslie Home for Sale, 10 min walk to Michael Park School. Been our family home for 20 years and now it's time for us to move on. 3 bedrooms, sunny northfacing renovated kitchen, modern living areas and deck.
 Double Garage with art studio. 1.5 bathrooms. Lovely garden with mature fruit trees and space for veggies.

For more information see https://www.barfoot.co.nz/ https://www.barfoot.co.nz/ <a href="property/residential/auckland-city/ellerslie/house-on-cross-on-cro

Contact the editor, Dana Marcroft at fridayflyer@michaelpark.school.nz
Guideline 150 characters maximum please. Deadline midday Thursday.

Sorry, we no longer publish graphic advertisements, except for Michael Park
School activities, class fundraisers and Steiner-related events.



"Awakening the Etheric Heart"

One Day Artistic Workshop Offered by Tracey Murphy - Anthroposophical Art Therapist

Venue - Titirangi Rudolf Steiner School Hall 5 Helios Place, Laingholm Saturday 17th May- 9.30 - 3pm Cost - \$90 (materials all provided)

Tracey Murphy, is offering a one day artistic workshop. Please note no drawing is involved in this process orientated practise We'll be working with Liane Collot d'Herbois' pioneering Light Colour and Darkness movement.

In this workshop we will practise mimicking the archetypal gestures of Light and Darkness using our hands in charcoal. When consciously practising these gestures, there is potential for space and depth to offer up a sort of mirror to us on the paper. In essence to make a carbon mirror.

In Anthroposophy we use the terms physical, etheric, astral and ego, in essence our four fold nature can be revealed directly onto the paper via the charcoal. This artistic work is a wonderful tool for shifting stuck habit patterns, and an opportunity to practise waking up to new gestures.

Awakening our etheric heart! Harmonising our very own Light and Darkness

We will endeavour to translate our mornings charcoal exercise into colour gestures using watercolour in the afternoon session.

This workshop will be fully guided and no artistic ability or skill is necessary and is open to anyone over 18 years of age, and for those who are ready for inner work and anyone who is curious to know more of themselves along life's journey.

Registration is essential as places will be limited.







To register please contact - Tracey Murphy carbonmirrorsarttherapy@gmail.com



THE CHRISTIAN COMMUNITY

MOVEMENT FOR RELIGIOUS RENEWAL

RUDOLF STEINER ENTERS MY LIFE - EVEN TODAY A CONFERENCE TO CELEBRATE HIS LIFE

(FEBRUARY 1861 - 30 MARCH 1925)

When: Friday March 28 – Sunday March 30

Friday evening: 6 pm dinner, talk and Close of Day Service Saturday features talks, workshops, artistic presentations and Close of Day Service Sunday concludes with a candle lighting ceremony

PLEASE REGISTER YOUR INTEREST SO THAT WE CAN PLAN

CATERING (Email christiancommunityauckland@gmail.com)

FULL PROGRAMME AVAILABLE SOON.

By donation (from \$100 - \$175 including meals and refreshments)

10 RAWHITI ROAD ONE TREE HILL 09 525 2305 Hartmut Borries 021 259 8555 hartmutborries@mailbox.org Cheryl Prigg 021 023 20932 cheryl.n.p@gmail.com