



COMING EVENTS

[Click here to view the full calendar online](#)

Tuesday 4 March	Class 7 Parent Meeting 7pm
5-7 March	Class 4 Camp
Friday 7 March	Class 1 Lunch Bar
11-13 March	Class 10 Camp
Thursday 13 March	Class Photos
Friday 14 March	Athletics Day for Classes 5-12
Saturday 15 March	Outdoor Classroom Parent & Child Workshop
Wednesday 19 March	Open Day
Thu 20 & Fri 21 March	Class 12 Play 6pm
Friday 21 March	Harvest Festival & BBQ

CLASS PHOTOS

Class photos will be taken by PhotoLife on **Thursday 13th March**. Any students who missed having their portrait/ID photo taken on 26th Feb can also have their individual photo taken

After the photos are taken you will receive your unique keycode where photos can be viewed and purchased online. Team and sports photos will be taken later in the year.

Please help us by making sure your child is in correct dress code. For any queries, please contact Brenda at reception.

brendad@michaelpark.school.nz

FIXED TERM LIBRARY ASSISTANT

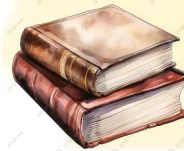
Michael Park School is looking for a Library Assistant to cover for our librarian Monday - Thursday (6 ½ hours per day). 28th April to 15th May, and again 25th August to 18th September.

The role includes processing library books, cataloguing books, repairs to books and helping staff and students in the library.

Knowledge of *Access It* would be an advantage.

Please email cover letter and CV to

erinw@michaelpark.school.nz



Kia ora whānau,

As we say goodbye to February and welcome in March, our focus remains on quality teaching and supportive learning to engage every student throughout our kura.



Our 2024-2027 strategic plan outlining our direction for the next three years is available to [view here](#). You may recall that our strategic plan came out of the collaborative workshops, consultation, online feedback and whanau hui carried out in 2023. Your voice provided the content to determine our focus, our direction and what we hope to see by 2027. Six strategic priorities began last year with an additional six new projects scheduled for this year. This is also available to [view here](#).

We will continue our journey together that we started last year advancing our kura as a Rudolf Steiner school in Aotearoa, New Zealand and determining what that looks like in Tāmaki Makaurau in this present time and place.

Ngā mihi nui anō, whānau, for all of your input and partnership supporting the development, teaching and learning of your child.

Have a wonderful weekend.

GO THE BLUES! UP THE WAHS! GO AUCKLAND FC!

Mauri tū, Mauri ora,
Desmond Pamerika, Tumuaki

CLASS 11 SCUBA DIVING

Class 11 NCEA L2 PE students carrying out their SCUBA diving certification at New Market Pools and Matheson Bay this week with Diving HQ.



LIBRARY NEWS

Our opening hours this year remain the same:

Monday to Thursday 8.00am to 3.30pm.

Whānau time: whānau and community, you are welcome to come in any afternoon from 3.00pm-3.30pm to issue books for your family. We have a comprehensive parent collection and lots of great read-alouds too.

Books to be returned from summer holidays: Please make sure your tamariki has returned the books they had out over summer. I will be sending out reminder emails in the next few weeks. Email me kurar@michaelpark.school.nz if you would like a list of what is currently out.

Dyed Wool

Natural materials speak to the soul of the child.

At our Kura, the wool is tailor hand-dyed for the different projects that the students make in their Handwork lessons. The students play an active part in selecting colours, spinning the wool dry and spinning the skeins into balls of wool.

By being actively involved in the process, the students form an appreciation of the process and take more ownership in how they use the materials. Later in life, the natural materials will speak to the moral compass of the individual, forming a love for the world and all things good and beautiful.



By developing these aesthetic qualities from a young age, our students will not only understand the impact on the world, but will make better choices in their adult lives.

Michelle Mullany
Handwork Teacher,
Classes 1-10 MPS

The Dhal Wala serves delicious homemade lunches for \$5 a bowl. Curries, hakka noodles, chai and juices.

Also available after school - dinner sorted!
For a warm bowl of yummy, please bring cash & your appetite on **Mondays, Tuesdays and Wednesdays.**

All ingredients are vegan, gluten & dairy free & 100% fabulously made!



Visit [the Dhal Wala website](http://www.dhalwala.co.nz) for more info or to pre-order.



RECORDERS

If you have a wooden recorder that you no longer need, Class 2 would be very grateful to have it!

Donations can be dropped off at the school office or to Class 2. If you'd prefer to sell us your recorder, please send an email to fridayflyer@michaelpark.school.nz



TE AO MĀORI

A space dedicated to promoting te reo me ōna tikanga Māori

Out and about around in Tāmaki Makaurau (and around the motu)

Lots coming up in the next few weeks!

Hoping you have had a chance to take in some of **Te Matatini o te Kāhui Maunga** at Pukekura Park (could there be a more beautiful venue?). Finals are on Saturday – so don't miss out! (There is a Te Matatini app this year as well as the broadcasting on TV.)

The **Manu Champs** grand finals are on Saturday at Karanga Plaza at the viaduct.

Pasifika Festival is coming up soon at Western Springs Park. This is such a great festival to get to - Saturday 8 and Sunday 9 March.



Main Lessons

Animal fables are one of the essential **Class 2** Main Lessons, beginning to bridge the children from the land of fairytales to stories that are more grounded and not so necessarily 'good'. The characteristics displayed in these stories are often those of the lower qualities of a human being, and the consequences of these actions.



The country mouse said "Give me a peaceful life. What good are nice things to me if I am surrounded by danger?"



Romere, whitu, Hui-Tanguru ruo-Mano ruo-tehou mo rima

The tricking of Kung Gylfi

The mighty Oxen stole the dark land. The beautiful woman took the precious land from Gylfi; if you see a map it is called Zealand. Gylfi offered his sparkling treasures to the beautiful Entrantress

Class 4 is diving deep into North Mythology stories.

Characters like Odin, Thor, and Loki are studied and portrayed in beautiful art, just like the examples shown here.



The country mouse said "Give me a peaceful life. What good are nice things to me if I am surrounded by danger?"



COMMUNITY NOTICEBOARD

- The Weet-Bix Kids Tryathlon is coming up next month! We encourage everyone to join in by signing up and selecting **Michael Park School** as your school group. Even if you've already registered without choosing our group, you can still update your entry. Remember, schools with high participation can win prizes for our school.

Event Details

When: Sunday, 30th March 2025

Where: Pt England Reserve, Pt England (Central East Auckland)

Entry: <https://tryathlon.co.nz/locations/central-east-auckland/>

We'll have a tent set up where parents can relax and hang out while cheering on our kids. Thank you!

Contact the editor, Dana Marcroft at fridayflyer@michaelpark.school.nz
Guideline 150 characters maximum please. Deadline midday Thursday.

Sorry, we no longer publish graphic advertisements, except for Michael Park School activities, class fundraisers and Steiner-related events.



Main Lessons

For the past 4 weeks, the students of Class 11 have been working with Ms. Valyashko to discover the chemistry behind their favourite recipes.

Through the Food Chemistry main lesson, they've explored the roles of proteins, fats, carbohydrates, and other essential nutrients that keep our bodies running.

This hands-on experience has brought science to life in the kitchen. Students have worked together to knead fresh bread, make pasta from scratch, experiment with different ways to cook eggs, and bake sweet treats.

To end the main lesson, each student created a unique recipe and explained the chemistry behind what makes their dish delicious.

[Click here to see Class 11 live in action!](#)



Winston's Riding Lessons



My name is Winston and I have started horse riding at SunnyHill riding club.

I really like going and my horses name is Goldie. The volunteers and riding instructors are very friendly and helpful. They guide me in doing exercises with Goldie. At the end of my lesson I give Goldie a big hug.

Calling All Sailors

Registrations are opening soon for senior school (Class 8 and above) sailing competitions later this term.

If you're interested in representing our School in single-handed or teams (double-handed) sailing this term, please contact Ciaran Overton and he will be in contact with you to provide more details.

ciarano@michaelpark.school.nz



LUNCH

CLASS 1 FUNDRAISER
FRIDAY 7 MARCH

BAR

SWEET!
LUNCH!
SAVOURY!

Enjoy the simple things
Juicies

ICE BLOCKS
BEAT THE HEAT!

Presenting the new...

Parent and child mid-term Workshops
with Luis Bernal

Come bond with your child and spend an afternoon of crafts, fire-making and cooking. Come learn new skills in a joyful creative community atmosphere.

Michael Park school tent. March 15, 1:00-7:00 pm.

Parent and child \$110. Extra child \$60.
Expressions of interest welcome at luisbernal@gmail.com.

Lower School Kapa Haka

By Aria Berghan

Every Thursday Lunch

Eurythmy Room

Classes 1-5

Starts after the 2nd lunch bell

Come along and learn Māori waiata, dances and games. It is guaranteed fun for everyone.

See you there!

The Biodynamic Journey: Garden to Plate

BIODYNAMIC WORKSHOP & CULINARY EXPERIENCE

Learn about biodynamic gardening and growing nutrient-rich food; cooking delicious, one pot meals from scratch using fresh, seasonal ingredients straight from the garden, foraged, or sourced locally.

Date: **Sat 15th March** 9:30am - 1pm
Includes a cooking demonstration and tasting

Location: **Titirangi Rudolf Steiner School**
5 Helios Place, Titirangi, Auckland

Cost: **\$45**

YOUR FACILITATORS

Gill Bacchus (Author, 'Love your Veges') has an MSc. in Soil Science and Human Nutrition and has extensively researched the benefits of organic nutrition. She promotes growing practices that enhance soil and food vitality for better health.

Diane de Saint-Quentin is an educator in community gardening where she teaches sustainable biodynamic methods.

Kevin Helas (founder, The Wholefood Kitchen) is committed to supporting people to enrich their relationship with food & cooking.

TO REGISTER

<https://events.humanitix.com/the-biodynamic-journey-garden-to-plate>

For enquiries, email l.collier@titirangi.steiner.school.nz