



### COMING EVENTS

[Click here to view the full calendar online](#)

<b>Tuesday 24 September</b>	<b>Class 12 Independent Project presentations, 6pm</b>
<b>Wednesday 25 September</b>	<b>Class 12 Independent Project presentations, 6pm</b>
<b>Thursday 26 September</b>	<b>School Spring Festival, 12.20pm</b>
<b>Thursday 26 September</b>	<b>Class 10 Lunch Bar</b>
<b>Friday 27 September</b>	<b>High School Sports Tournament</b>
<b>Friday 27 September</b>	<b>Last day of Term 3, 2.10pm finish for classes 1-12</b>
<b>Monday 14 October</b>	<b>First day of Term 4</b>
<b>Wednesday 16 October</b>	<b>Parent Action Group meeting, 6.30pm in the Staff Room</b>
<b>21-25 October</b>	<b>Class 6 Camp</b>
<b>21-25 October</b>	<b>Class 9 Camp</b>

Tēnā koutou e te whānau o ngā ākonga o tō tatou kura o Waiatarua,

*Kei Te Wiki o te Reo Māori, nau mai rā!  
He wā whakatairanga tēnei i te taonga  
kāmeheameha,  
i te taonga tuku iho. Me mau, me  
pupuru.  
Kia rite mai e kare mā, kia mataara ...  
kia takatū!*



What a wonderful week we have had celebrating te wiki o te reo Māori in our kura. Our theme this week throughout our school has been Whiria te Tangata – Weave the people together. We have used this whakatauki of weaving our community together by celebrating te reo Māori, visual arts and crafts, drama, cultural performances and food.

The start of the week began with the class 7 play that was written and directed especially for them by their kaiako Mr Liguori. A special mention to class 2, who also performed their St Francis play to their parents last Friday.

Wednesday, we saw the opening of our first school art exhibition, showcasing artwork from our kindergarten through to class 12 as well as pieces from our staff. A huge thank you to all of our ākonga and kaiako who contributed to the exhibition.

This afternoon we celebrated our diversity within our kura by holding our cultural festival concert. It was a wonderful event where our students were able to perform in front of whānau and friends in a full auditorium. Our students have been rehearsing for most of the term and have been looking forward to showcasing their items. Thank you to our class teachers and parents who came in to assist with rehearsals. A special thank you to Miss Lawrence who was instrumental in putting this wonderful event together.

Finally, lots of aroha, gratitude and appreciation to our wonderful kaitiaki pukapuka Kura Rutherford who provided weekly challenges throughout the term for staff to carry out as a purposeful way to assist and support colleagues on their own journey learning te reo. She has also provided an inclusive space each week with our Te Reo Club that continues to be a popular space for students, parents and staff attending.

One more week before our spring festival and high school sports tournament.

Ngā mihi māhana,  
Desmond Pemerika  
Tumuaki

## CLASS 12 INDEPENDENT PROJECTS

Class 12 warmly invite the Michael Park community to the presentation evening of their Independent Projects. The evening will be a showcase of the magnificent and imaginative journeys of our talented students.

### Event Details:

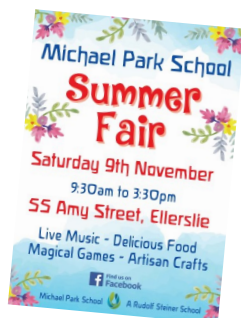
- **Dates:** Tuesday, 24th and Wednesday, 25th September
- **Time:** Presentations to start at 6:00 PM
- **Location:** Auditorium

The Auditorium foyer will be open from 5:30 PM to view the students' displays and to enjoy some light refreshments (fundraising event for the Class 12 Camp) as you explore their innovative projects. The evening will highlight a range of exciting and diverse independent projects, reflecting the dedication and ingenuity of our Class 12 students.

Please help us celebrate our students' achievements.

## FAIR 2024

- Advertising - can you help deliver the Fair flyers in your local area? Please collect flyers from reception and tell us which streets you can deliver to.
- Pre loved clothing bin is now out in front of auditorium. Please make sure clothing is washed before placing in the clothing bin.
- If you or someone you know may be able to contribute item/s for our raffles this year please contact me.
- Hay bales – if you know of anyone who could help us out with hay bales please contact me.
- Gazebos! Do you have one we can use on fair day?



Any questions please contact

[fairadmin@michaelpark.school.nz](mailto:fairadmin@michaelpark.school.nz)

## CAKE STALL

Every year each family makes 2 cakes and 1 additional item (meringues, cookies, fudge, homegrown produce) for the cake stall at the fair.

We will continue to use the cardboard boxes to display the cakes. Packaging supplies will go out to families last week of October.

**BEST IN SHOW** – Prizes are back, so get inspired and create your dream cake to win – best in show, most creative, etc.

*\*there is also a prize for cakes made by adults!*



### TIPS –

- Get baking in the holidays – choose items that can be frozen.
- Specialty cakes always sell well (Christmas cakes, gluten free, etc).
- Make your cakes look pretty! – if you are looking for inspiration there are many wonderful sites on the internet.

Happy Baking!!

The Dhal Wala will be making delicious homemade dhal with rice for \$5 a bowl. For a warm bowl of yummy, please bring cash & your appetite this **Monday and Wednesday.**



All ingredients are vegan, gluten & dairy free & 100% fabulously made!

Please fill out the [contact form here](#) if you'd like to pre-order for Monday or Wednesday.

# MPS SPRING FESTIVAL

*Join us for a vibrant celebration of the season as we welcome Spring together! MPS will come alive with joyful songs, engaging games, and a delightful picnic. This community event is a wonderful opportunity to foster a sense of belonging and celebrate the joy of the change of seasons.*

Pack a picnic and join us on **Thursday, 26th September at 12.20 pm.**

Hypoallergenic face painting is available. Please advise your child as to what you want for them and this activity.

## CLASS 10 LUNCHBAR

**Thursday 26<sup>th</sup> September**  
**Spring Festival day**

**Morning tea - \$3**

\* Muffins, cookies, pastries \*

**Lunch - \$5**

\* Beef Nachos & Vegetarian Nachos \*  
Gluten free chips, vegan friendly,  
dairy free option

## CLASS 2 FUNDRAISER

Class 2 have some extra tea towels for sale

\$15 for 1

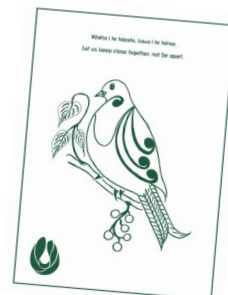
\$24 for 2

\$10 each for 3+

A sample is available to view in the office.

Please message Liese on 021778176

or email [mpsclass2fundraiser@gmail.com](mailto:mpsclass2fundraiser@gmail.com)





## SPORTS UNIFORMS

Can all sports uniforms please be returned to Mr Overton before the end of term. Can parents please check in with their children to ensure that this gets done.



## LITTLE YARRA SCHOOL VISIT

Last week we had a visit from Little Yarra Steiner School which is just out of Melbourne. Little Yarra School have a strong Music Department and they do quite a lot of touring. They came to our school and ran a workshop in periods 3 and 4 for their students and our students together. Many of our students from Class 1 to Class 12, who learn instruments, participated. The Little Yarra students and staff were great at helping our younger students learn the music.

They worked on a range of pieces and, after lunch, everyone gathered on stage and performed for the rest of the school. It was a truly inspiring experience, especially for our younger students, some of whom had never played in a large musical ensemble before. It was a very enjoyable concert which included the massed items with our students, and then their students went onto perform other pieces.

Thank you, Little Yarra School for this wonderful experience!

## CLASS 7 PLAY 'CHRONICLES OF DISCOVERY'





# ART-a-thon



Last Thursday, the Visual Arts Department ran a 24-hour art marathon for the art students in classes 10, 11 and 12. The event was organised to help our senior art students complete work for their folios. It started on September 12<sup>th</sup> at 11:30am, and ran through the day, night and into the early hours of the morning, to finish at 11:30am on Friday 13<sup>th</sup>! A lot of art work was done, but there was also loads of socialising, sharing, eating, drinking and laughing. Memories were made.

We followed a “flexible” schedule over the 24 hours, that included meal breaks (lunch, dinner, supper and breakfast), open studio visiting times, hosting guest artists, taking overseas zoom calls, (it was lovely to talk to old students Marie Pinel and Layla Robinson in Europe), “wake up” games and an assembly presentation of outcomes. There was an endless supply of tea, coffee, snacks and treats to keep everyone going. A few naps were taken on the art room floors and desks, with some not sleeping a wink.

A big thank you to teachers, parents, friends and pets that visited us over the course of the Art-a-thon to boost morale and provide extra sustenance. To Te Tui Art Gallery for funding the workshop by artist Emily Parr that kicked off the Art-a-thon. Emily’s use of layering techniques to explore her whakapapa in her art inspired several students to create and finish work in response. Also, a special shout out to the ghost of Frida Kahlo that arrived at 3:00am with four boxes of delicious cupcakes.

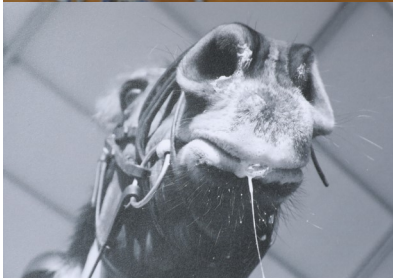
Until next time.....





# Whiria te Tāngata

Weave the people together





## TE AO MĀORI

A space dedicated to promoting te reo me ōna tikanga Māori

### Whakanuia Te Wiki o Te Reo Māori!

#### Whakataukī o te Wā:

**Tōku reo tōku ohooho, tōku reo tōku māpihi maurea**

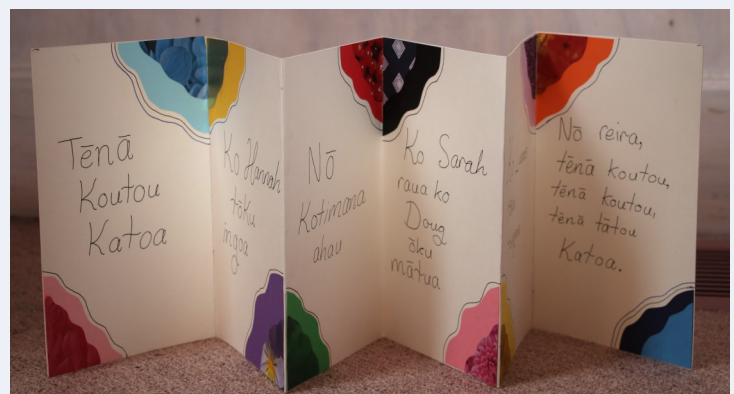
*My language is my awakening, my language is the window to my soul.*

#### Te Wiki o te Reo Māori ki Te Kura o Waiaatarua:

Te Wiki o te Reo Maori has been such a celebration at Michael Park this year.

- The art exhibition *Whiria te Tāngata*.
- The cultural festival where we heard so many beautiful waiata.
- In library lessons, each child in Classes 1 to 5 stood up and shared their mihi and we had kai together afterwards. It was a wonderful celebration of whanaungatanga in action. Big mihi to our special guests for taking the time to join us for these events.
- Class 5, 6 and 7 worked hard to finish their mihimihi concertina books and many of these are now in the art exhibition.
- Our Te Reo Māori Club had a full house for a bingo game and shared kai.
- We had Sam Gibson here to talk to Classes 6 – 9 to talk about the many benefits of spending time in the ngahere.

Ngā mihi nui to all our language champions past and present, for helping carry this taonga of te reo Māori – a gift for all of us in Aotearoa to share.





## TERM 1, 2025

**Monday, 3 February - Friday, 11 April 2025**

*(Last day for students is Wednesday, 9 April)*

Waitangi Day - Tuesday, 6 February

Teacher Only Day - Thursday, 10 April

Teacher Only Day - Friday, 11 April

*\*\* Easter is during school holidays - Friday, 18 April,*

*Monday, 21 April, Tuesday, 22 April \*\**

*\*\* ANZAC Day is during school holidays - Thurs 25th April \*\**

## TERM 2, 2025

**Monday, 28 April - Friday, 27 June 2025**

King's Birthday - Monday, 2 June

Matariki - Friday, 20 June

## TERM 3, 2025

**Monday, 14 July - Friday, 19 September 2025**

Teacher Only Day (Lower School Parent/Teacher  
Conferences) - Tuesday, 22 July

Mid-Term Break - Friday, 29 August

## TERM 4, 2025

**Monday, 6 October - Wednesday, 17 December 2025**

Labour Day - Monday, 27 October

Fair - Saturday 8 November

Mid-Term Break - Friday, 14 November

# SCAMPS

Supervised Care After Michael Park School

Let us do the after school care for your child.  
Book now! One to four days per week.

Scamps is offered exclusively to MPS students only  
and so far your kids are loving it!

**MON - THURS 3pm - 5.30pm**

Bookings and enquiries please contact  
[brian@clevernz.com](mailto:brian@clevernz.com)

RSST PRESENTS...

## PARENT EDUCATION PROGRAMME

Bringing together whānau & community to experience Steiner Education.

# BLACKSMITHING with Luís Bernal

**SATURDAY, 19th OCTOBER 2024**

**9am-4pm**

Forging mild steel to make a fire poker,  
hook, utensil or similar.

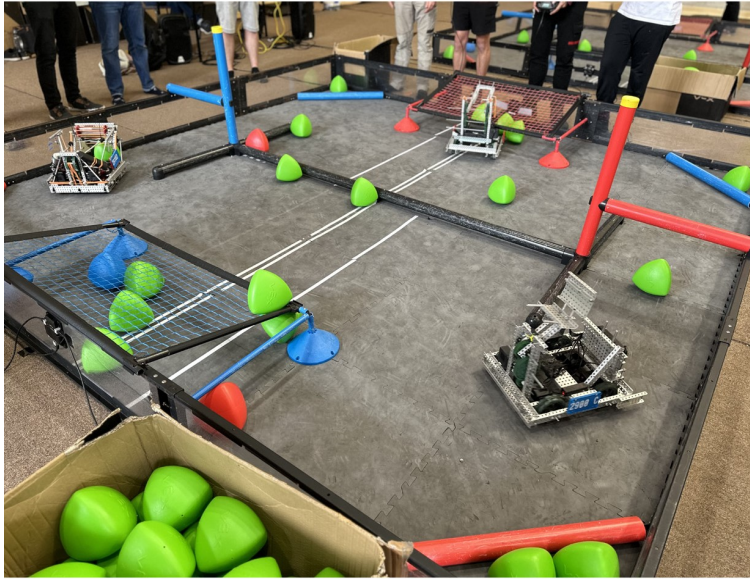
Venue: Metalwork Room, Michael Park School

Cost: \$50.00 Bring your lunch

RSVP: To register for our parent workshops,  
please email Dana in the school office:

[danam@michaelpark.school.nz](mailto:danam@michaelpark.school.nz)





## Sat 21st Sept

Come see the Michael Park School robotics team in action and find out more about the IQ and VEX school robotics groups.

**Location: MPS School Gym. 10am – 3pm.**

# CLASS 10 RELEASE CHARITY SINGLE!

**WRITTEN, PERFORMED AND RECORDED BY  
CLASS 10**

**ALL PROCEEDS DONATED TO  
REFUGEES AS SURVIVORS**

**INCLUDES PERFORMANCES BY VERY SPECIAL GUESTS!**

**SUPPORT THE  
CAUSE!**

**FOLLOW US ON  
INSTAGRAM AND  
FACEBOOK**

@hope4refugeesmps

**Hope  
4  
Refugees**

<https://www.facebook.com/hope4refugeesmps/>



HOPE4REFUGEESMPS

## Shaping Life Together

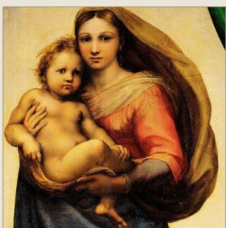
**MOTHERING TODAY**

Join the Steiner monthly mothers gathering!

*He taonga te mokopuna, kia  
whāngaia, kia tipu, kia rea*

*A child is a treasure, to be  
nurtured, to grow, to flourish*

**SUNDAY 22ND SEPT 2024  
9:30AM - 12PM**



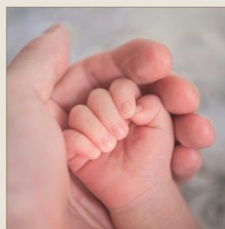
Rudolf Steiner House

104 Michaels Avenue,  
Ellerslie, Auckland

Donation \$10-20

**FOR MORE INFO:**

hello@diannabrinsden.co.nz  
michellem@michaelpark.school.nz



**Healing Stories & Craft**

A time for mothers to share experiences, and explore the special task of the mother.

With Waldorf inspired knowledge and skills to provide a safe and nurturing environment.

**We will explore the healing powers of therapeutic stories and how they can support children in addressing emotional and behavioural challenges through imaginative and relatable narratives. With guest speaker Sally Russell**

Hosted by early childhood educators.

**STACEY MCMANUS  
& MICHELLE MULLANY**

## HOW TO KNOW REALITY

**PUBLIC LECTURE 31<sup>st</sup> October** Thur – 7 pm for one hour.

**SEMINAR 2<sup>nd</sup>- 3<sup>rd</sup> November** Sat 9am-5pm / Sun 9am-12:30pm

**PRIVATE 'HIGHER SELF' CONSULTATIONS**

Friday 1<sup>st</sup> Nov., Sunday 3<sup>rd</sup> Nov. afternoons.

*(Please request separate information)*



**Ian Trousdell**

Rudolf Steiner's system of self transformation enabling perception of non-physical reality.

**Location:** Rudolf Steiner House. 104 Michaels Avenue, Ellerslie, Auckland

**Cost:** \$160 full weekend seminar. Saturday only \$100  
*(Sunday attendance is reliant on having done Saturday's work)*

**Thursday talk** - suggested donation \$10 to \$20

**Registration by 1<sup>st</sup> of October**

**Please click the link for more information and to register**

**Link:** <https://forms.gle/2tPtDWQwxXbP7mLC7>

**For further information contact Fern Winslow.**

[fernibrae@xtra.co.nz](mailto:fernibrae@xtra.co.nz)





## OUTDOOR CLASSROOM HOLIDAY WORKSHOPS

with Mr. Bernal

Tamariki in classes 2-7 are invited to join our holiday programme. Activities include fire-making, open fire cooking, traditional crafts and primitive technology.

Mon 7 October, Tue 8 October, Wed 9 October  
9:00am to 3:00pm

Single day \$80, two or more days \$75 per day.

Expressions of interest welcome at  
[luisbernalt@gmail.com](mailto:luisbernalt@gmail.com)

SEE YOU THERE!

## October Craft Holiday Program

with Michelle Mullany

Wednesday 2nd, Thursday 3rd October  
Wednesday 9th, Thursday 10th October  
9am-3pm  
MPS Kitchen

Class 1-5 Tamariki (Ages 6-11)  
Crafts galore and cooking/baking!

\$80 for 1x day  
\$75 per day for 2, 3 or 4 days

Limited spaces available.  
Book now to secure your space.  
[michellemullany@gmail.com](mailto:michellemullany@gmail.com)  
022 127 6551

THE CHRISTIAN COMMUNITY  
MOVEMENT FOR RELIGIOUS RENEWAL

## SCHOOL HOLIDAY COOKING PROGRAMME



FOR DETAILS  
OR TO BOOK  
CONTACT  
HARTMUT  
021 259 8555

FOR AGES 6-12

MON 7 OCT - WED 9 OCT

9AM-3PM

10 RAWHITI ROAD, ONE TREE HILL

\$135  
FOR  
3 DAYS

ELECTRONIC DEVICE-FREE  
PROGRAMME!

## SONGWRITING & MUSIC PRODUCTION

-Immersive Group Workshop-

OCTOBER 8-10, 10am-3pm at MPS

\$210 per person ages 13+

WhatsApp for info pack:  
027 360 1912

### 3-DAY GROUP IMMERSION

Comprising a comprehensive process of collaborative writing, song development and recording. Immersive, experiential learning

### FROM START to FINISH

Beginning with the concept, song-mapping, developing melodies, lyrical strategies and arrangement all the way through to finished recorded product.

### LEARN THE CRAFT OF SONGWRITING

Utilise latest equipment, beautiful performing space and passionate mentors to collaborate with like minded writers and create something completely new!



WORDS & MUSIC

Unlock Your Creative Potential

Check out some of our work:

[WWW.FACEBOOK.COM/WORDSANDMUSICXYZ](https://www.facebook.com/wordsandmusicxyz)



# Flute Lessons with Louise Inglis

Would you like Flute lessons with Louise Inglis at Michael Park School?

Louise has over 20 years experience teaching the flute and is a passionate and caring teacher. Louise plans to return to Michael Park School to teach flute from the start of 2025.

Qualifications: ATCL Flute (with Distinction), Bachelor of Education (with Distinction).

For enquiries and to book a space, please make contact with Louise ASAP. Email is the best way to make initial contact with Louise:

[louise@louiseinglis.com](mailto:louise@louiseinglis.com)

You may like to look at her website too:

[www.louiseinglis.com](http://www.louiseinglis.com)



**New Opening promotion for New Patient appointments. Includes the first adjustment as needed, usually \$85, now \$55.**

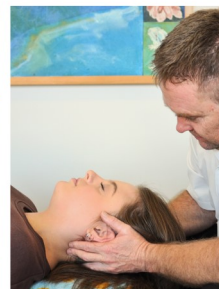
**Have you ever considered chiropractic care for your general health?**

**Chiropractic is great at helping with headaches, back pain, neck pain, sciatica, postural changes, shoulder and knee instability, and more!**

**Discounts for Seniors and U16 regular appointments.**

**Book online or make an appointment in person. Located next to reception inside the Ellerslie YMCA.**

**ACC accredited and registered with Southern Cross Easy-Claim services - no referral required.**



**Dr Jason Payne**  
**Chiropractor**  
**46 Michaels Ave**  
**Ellerslie**

**09 525 0789**

**jason@spineworks.co.nz**  
**spineworks.co.nz**

## Horse Holiday Programme

Children  
5-14 years

A day filled  
with  
everything  
horse!

**Mon  
Sept  
30 th**  
9am-2.30pm



**Totara Park Equestrian  
Centre**

**251 Redoubt Rd, Manukau**

[totaraparkpc@yahoo.com](mailto:totaraparkpc@yahoo.com)

**Naturopathic consultations available  
on Mondays & Thursdays via the  
PAUA clinic in Ellerslie, Auckland.**

I am Charlotte, a student naturopath in my final clinical year of my degree at South Pacific College of Natural Medicine.

This is an opportunity to see me in the student clinic at a heavily discounted price. I have a special interest in digestive concerns, depleted immune systems, skin & hormonal health, along with the nervous system; supporting stress resilience, poor sleep, anxiety & low mood - though my skillset is not limited to this.

### CONSULTATION PROCESS

Initial consultation 90min: Comprehensive analysis of your current health & symptoms, diet & lifestyle, health history, and any relevant blood work.

Health plan presentation 30-60min: Individualised treatment plan specific to your health needs and wellness goals.

Follow-ups 30-60min: Regular check-ins every two to four weeks, depending on your specific needs, to monitor progress and adjust treatment if necessary.

BODY IN ESSENCE  
BODY IN ESSENCE



### INVESTMENT

- Initial consultation waged: \$50
- Initial consultation children (6-18 years), unwaged, community service card holders & students: \$20
- Follow-ups: \$20
- Children under 6 & seniors over 65 years: Free

### CONTACT

Instagram: [@body\\_in\\_essence](https://www.instagram.com/body_in_essence)

E: [charlotte.rudd@spcnmstudent.ac.nz](mailto:charlotte.rudd@spcnmstudent.ac.nz)