

## **COMING EVENTS**

Click here to view the full calendar online

Saturday 10 August Blacksmith Parent Workshop

Saturday 10 August Garden Working Bee

Tuesday 13 August Class 9 Parent Meeting

Friday 16 August Class 11 Lunch Bar

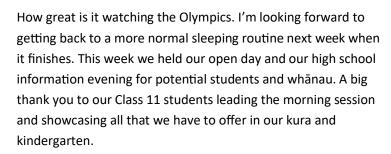
Friday 16 August Snapdragon Midwinter Market

**Sunday 25 August** Simplicity Parenting Workshop

Kia orana whānau,

E hara taku toa, I te toa taku tahi, Engari taku toa, He toa taki tini

Our strength is not ours alone, but that of our community.



Term 3 is the business end for our high school students completing internals and getting ready for the derived grade assessments in week 7. It is a timely reminder for our senior students of how their individual approach to learning is pivotal for their success. There is still time to pick things up if the achievement hasn't been satisfactory. It's time for each student to reflect and to take stock of their progress and achievement. Being clear about the success criteria is a big factor. Our teachers are working hard to ensure every student knows exactly what is required to enable success, step by step.

It has been a fantastic week for all of our netball teams in the lower school, all teams are having wonderful seasons being in the top three of their grades, looking at securing a spot for their upcoming semi-finals and finals. Our middle school and high school basketball teams have also represented our school with pride, and a special mention to Elliot and Regan Lo who represented our school this week at the National Primary and Intermediate School's Snowboarding and Ski Championship.

## FRIDAY FLYER

9 August 2024 Issue 24

Have a wonderful weekend whānau.

GO TEAM NEW ZEALAND UP THE WAHS GO THE ALL BLACKS

Ngā mihi mahana, Desmond Pemerika Tumuaki





Elliott and Regan Lo AKA #teambrothers represented our school this week at the National Primary and Intermediate School's Snowboarding and Ski Championship. There were over 30 schools and 300 children who took part.

Elliott competed in two events in the Years 3-4 group. Slalom Snowboarding where he placed 3rd with a bronze medal. In the second event - Slopestyle Snowboarding - he made it into the finals and placed in the top 6.

Regan participated in the same events in the Years 0-2 category and placed 2nd - a silver medal in the Slopestyle Snowboarding race. Both boys were very proud wearing their Michael Park hoodies representing their school.



## THE RSST IS SEEKING NEW MEMBERS

Are you passionate about Waldorf Steiner education – be a part of defining our school's future. The RSST is one of the governing bodies of the school in partnership with the Board of Trustees and College of Teachers – made up of parents and representatives from the College of Teachers.

Our main objectives are to establish, raise and provide the means and management for kindergarten and schooling according to the methods advocated by Rudolf Steiner. Our current areas of focus are -

**Kaitiakitanga of Michael Park School** - The core obligation is for each member to understand and care for our Special Character in the many faceted way it is expressed and the ongoing impulses that continually evolve its nature over time.

**Continuity** – Assess risks and opportunities to guide and support the inter-generational sustainability of MPS.

**Communication** - of the schools Special Character to the parent body and beyond. Inspire, encourage, and retain new enrolments. Strengthen engagement with the community through meaningful collaboration.

**Proprietorship** – Create and maintain an inspirational 10-year Capital Expenditure plan and Maintenance Plan sympathetic with special character.

**Kindergarten Licensee** - Meet our obligations as the licence holder and governor of the kindergarten.

The RSST meets monthly to manage its financial affairs and policies, and we are looking for new members from our community to apply. The following fields of experience would be beneficial:

- Finance & Accounting
- Fundraising
- Commercial Property Maintenance
- Governance

## To be eligible to apply, you:

- Are committed to Steiner education and Michael Park School.
- Will probably be a MPS parent, Steiner alumni, ex-MPS parent or someone with a history of engagement with Waldorf Steiner education.
- Have sufficient time and expertise (or willingness to learn), to fulfil your role fully.
- Are a critical thinker who can contribute positively to robust conversations.
- Ability to access email and dropbox.
- Must be at least 18 years of age.

#### Can attend:

- Approximately 10-12 meetings per year.
- Significant school events.

If you are interested in joining the RSST please email us at RSST@michaelpark.school.nz

# CONGRATULATIONS AMBERLEY

Tūmanako! (meaning Hope!) is an annual art exhibition for tamariki/children and taiohi/young people to create works of art to share their aspirations for a peaceful, inclusive and nuclear-free world in remembrance of Hiroshima Day. At a time of unrest and divisiveness, Tumanako! enables tamariki and taiohi to learn about the root causes of violence and promote peace. The exhibition was originally launched in 2015 in Te Whanganui-a-Tara/Wellington to commemorate Hiroshima Day. The event has since grown and has been held across Aotearoa, including Auckland, Tauranga, Christchurch,

Wairarapa, Hutt City, Timaru, Dunedin and Queenstown.

Over the weekend Amberley Doo entered her photography into Tūmanako - Art by Young People Works for a Peaceful World and was awarded the Student's Choice Award for 2024.



Her photography will be on display with the other artworks of this year at Takapuna Library from the 26th of August. Well done Amberley.



## TILLY CHOPS HER MOP

On Daffodil Day I will be cutting off my hair to donate to Freedom Wigs and fundraising for Bowel Cancer NZ. To read my story and donate please click on the link below.

Tilly (Class 11)

bowelcancernz.grassrootz.com/create-your-own-event/chop-the-mop-for-bowel-cancer



## **TE AO MĀORI**

## A space dedicated to promoting te reo me ona tikanga Māori

Kia ora e te whānau whānui

It's been a great week in the whare pukapuka. The students have been happily surprised that they are allowed to peke (jump), hītoki (hop) and even kanikani (dance) as we start to get into the rhythm of our Term 3 reo lessons.

#### Weekly Reo Māori Challenge

Some staff are participating in a Weekly Reo Challenge which will run all term.

#### Want to join in the challenge too?

Last week, we focused on asking what the date is in te reo Māori. This week the challenge is to greet people in te reo Māori as often as possible.



## You are welcome to join our Te Reo Māori Club

Wenerei lunchtimes

12.40-1.10pm in the whare pukapuka

Open to all students, staff and whānau—learn te reo in a fun, light-hearted environment.

And don't forget about kapa haka on Fridays in the music room! (You'll need to sign in at the office to attend both of these events.)

Ngā manaakitanga Kura Rutherford Kaitiaki o te whare pukapuka/school librarian





Pay at the door or txt John 0211345158 for tickets

## MPS Class 2 Fundraiser

Class 2 are selling tea towels as a fundraiser this term featuring beautiful hand-drawn art by one of our class parents.

Tea towels are 100% cotton, printed with water based dye and they make a great Christmas gift, as they are lightweight and pack down small for sending.

\$15 for 1 \$24 for 2 \$10 each for 3 or more

Click here for link to order form or use QR code.

Orders close midnight 29/08/2024





# Simplicity Parenting WORKSHOP | 25 AUG 2024

Create more space for connection, secure attachment, love and laughter in your family

Based on the book 'Simplicity Parenting' by Kim John Payne, as a group we will learn practical ways to ease the daily tensions, parenting battles and overwhelm your child is feeling in this fast paced modern world.

#### What we'll cover:

- · Decluttering the environment.
- · Bringing rhythm, ritual and predictability into each day.
- Allowing children plenty of downtime and play without overscheduling.
- Filtering out adult concerns and screentime that causes confusion, fear and anxiety.

The course is facilitated by Leah Corbett – a parenting mentor, primary school teacher and Michael Park parent.

Please email saraho@michaelpark.school.nz to register. Spaces are limited.

Sunday 25 August, 9am-3pm, Michael Park Kindergarten BYO lunch. Cost: \$40 per person.

**Leah Corbett** 

EMPOWERING PARENTS | www.leahcorbett.co.nz

# Shaping Life Together

MOTHERING TODAY

Join the Steiner monthly mothers gathering!

He taonga te mokopuna, kia whāngaia, kia tipu, kia rea

A child is a treasure, to be nurtured, to grow, to flourish

SUNDAY 18TH AUGUST 2024 9:30AM - 12PM



#### Rudolf Steiner House

104 Michaels Avenue, Ellerslie, Auckland

Donation \$10-20

#### FOR MORE INFO:

hello@diannabrinsden.co.nz michellem@michaelpark.school.nz



#### 12 Senses & Nutrition

A time for mothers to share experiences, and explore the special task of the mother.

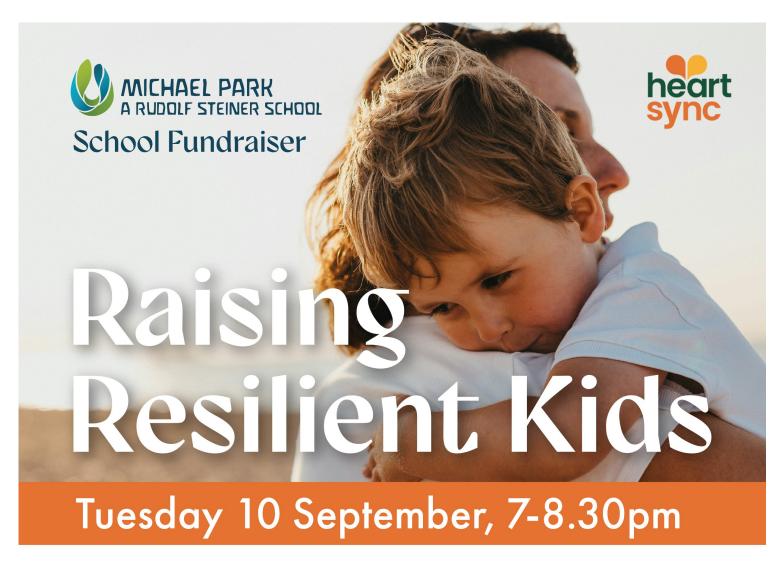
With Waldorf inspired knowledge and skills to provide a safe and nurturing environment.

We will discuss how to nurture the unique needs of the child, through an understanding of the four middle senses of smell, taste, vision, and warmth. Followed by a seasonal cooking experience.

Hosted by early childhood educators.

STACEY MCMANUS & MICHELLE MULLANY





# A presentation by Adrienne Wood

When raising kids should we aim to toughen them up or soften them up? What truly builds resilience in a child?

Using insight from the Neufeld Institute, Adrienne will talk about the vital ingredients needed to ensure optimal functioning in kids that allows them to bounce back from emotional challenges and adversity.

#### Adrienne will cover:

- the roots of resilience the importance of play keeping the lead keeping the heart soft
- the vital importance of connection

# Tuesday 10 September, 7-8.30pm

Michael Park School auditorium, 55 Amy Street, Ellerslie | \$20° per person

Tickets available www.eventfinda.co.nz/2024/raising-resilient-kids/auckland/ellerslie \*Plus \$2.75 Eventfinda fees





heartsync.co.nz

