



COMING EVENTS

[Click here to view the full calendar online](#)

Monday 17 October	First day of Term 4
Wednesday 19 October	Class 7 Parent Meeting, 7pm
Thursday 20 October	Class 3 Parent Meeting, 7pm
Friday 21 October	Classical concert, 7pm
Monday 24 October	Labour Day - public holiday
Tuesday 25 October	Class 11 Parent Meeting, 7pm Class 12 Parent Meeting, 7pm
Wednesday 26 October	Class 1 2023 Parent Meeting, 7pm

LAST DAY OF TERM 3 TODAY
2.15pm finish for Classes 1-12

Kia ora whanau,

The week before last I was in Christchurch at the New Zealand Principals' Federation Conference, where just under 1000 Principals from primary and intermediate schools were in attendance. The presentations and conversations I had left me incredibly honoured to lead our kura. Although the last few years have been very challenging, compared to some other schools, we have maintained exceptionally high attendance, engagement, continuity and stability. Thank you to all our wonderful whanau, students and staff for making this possible.



The Class 12 independent project presentations and exhibitions took place at the start of the week in the auditorium. It was a privilege to have been able to listen to the journeys and reflections that our student leaders shared to our community over the two nights.

Yesterday our lower school held their spring festival that capped off a wonderful way to finish the term. It was especially nice having high school students assisting with the activities that were carried out. I was fortunate to attend Class 5's Persephone play yesterday, and it was an enjoyable performance. Congratulations to all of our students and thank you Mr. Liguori and Miss Amanda for making it happen.

Have a restful and enjoyable break. We look forward to seeing you back in term 4.

Kia u te manawanui o nga tamariki ki nga taumata tiketike o nga whetu.

With perseverance our children will reach the stars.

Nga mihi nui,
Desmond Pemerika
Tumuaki



COMMUNITY NOTICEBOARD

- Is there a **senior student able to walk home children** ages 9 and 11 in the vicinity of Grand View Road?
Please contact eldivers@gmail.com
- **Music lessons** available in music theory, ear training and various instruments. Contact Amanda Lawrence for details:
amandal@michaelpark.school.nz or ph. 02108762442
- **Excellent quality piano for sale** at a reduced price.
Contact Amanda Lawrence for details:
amandal@michaelpark.school.nz or ph. 02108762442

Contact the editor, Dana Marcroft at fridayflyer@michaelpark.school.nz
Guideline 150 characters maximum please. Deadline Thursday lunchtime.
Graphic advertisements to be formatted to fit A6 portrait (¼ page).

TE AO MĀORI

**Talofa - special greetings to the Tuvalu community
in celebration of Tuvalu Language Week**



Ko tangi te wharauora, kua tou te kūmara

When the cuckoo cries it is time to plant the sweet potato

Around the same time we celebrate our Spring Festival it is also when people start thinking about getting the small tipu (sprouted plants) of the kūmara in the ground.

We are sharing here a write up about the kūmara from Nathan Foote, carver, gardener, and parent at Taikura Rudolf Steiner School in Hawke's Bay. Nathan reports that in Te Matau-a-Māui right now the pīpīwharauora are starting to sing! Has anyone heard them here in Tāmaki Makaurau?

We have the ability to grow our own nutritiously nourishing homegrown kai throughout the year. Living seasonally with our kai also connects us to the rhythms of nature and the cycles therein. In our present moment in time, we can start to grow our own kūmara. There are a good number of varieties of kūmara that vary in flavour and texture and also in growth habits. We have kūmara varieties that run vigorously like their 'whanaunga' (relations), bindweed or convolvulus. The commercially grown variety commonly known as red kūmara is one of these running types. The second growth habit, and lesser known, are those that grow in a bush form, for example, taputini. The taputini variety are also slenderer in form than the red kūmara and they have white skin and flesh. For those of us with limited garden space these bush types lend themselves very well should you wish to grow kūmara in your backyard. Small mounds are made above the ground instead of the now more common commercial practice of long rows in which the tipu is placed and grown. You can grow your own tipu or buy them from a grower. Tipu are easily propagated and this is another story to be told at a later date and in the right season. Whether you grow in rows or mounds the planting of the tipu is very similar. Ideally, the maramataka (Māori lunar calendar) is considered and the right moon phase is chosen to commence the planting of the tipu. The other consideration regarding a good planting time is the



'waiata' of the pīpīwharauora (shining cuckoo). When the pīpīwharauora's waiata has reached a certain climax, it is another tohu (sign) that it is time to plant your tipu. Healthy tipu also have their roots dipped into a mix of the soil they are to be planted into and water (to make a watery paste) overnight or for a couple of hours before being transplanted. The soil is cultivated into the mounds or the rows that the tipu will be planted into dependent on the variety of kūmara you wish to grow. One of the keys to successful kūmara growing is to turn the roots up to form a J when you transplant into the soil. The tip of the J should be orientated to the East; this is according to most cultural practices very important. If you are new to growing kūmara then finding a local expert willing to share their valuable mātauranga will undoubtedly yield the best results. You are also connecting to a culture that has carried this taonga across oceans, nurtured the kūmara for a few millennia, and considers the kūmara with utmost importance and reverence. Once planted, and depending on who you talk to, a single cup of water is given to the tipu, and in some areas that is all the water the plant will be given, relying then on the tears of Ranginui to quench its thirst during its long hot summer growing season.

Fakafetai, Nathan, for sharing your awesome kōrero with us.

Kīwaha o te Wiki

Pai kare - oh my goodness, by golly.

Anahera: I'm excited for the holidays!

Taitama: Pai kare, I am too.



CAKE STALL

Ready, Steady, Bake!

Every year each family makes 2 cakes and 1 additional item (biscuits, fudge, chutney) for the cake stall at the fair.

** unless you are on vege cafe*

This year we are using cardboard boxes to display the cakes - a more eco option!

Packaging supplies will come out the week of 1st November.

Best in show!

Prizes are back, so get inspired and create your dream cake to win - best in show, most creative, etc.

**there is a single prize for cakes made by adults!*

Top Tips!

- Get baking in the holidays - choose items that can be frozen.
- Specialty cakes always sell well (Christmas cakes, gluten free, etc.)
- Make your cakes look pretty!
If you are looking for inspiration:

Cupcake decorating ideas:

<https://pin.it/1pfZmg8>

Recipe ideas:

<https://pin.it/8ZdQhF6>

- If baking really isn't your thing, see if you can swap a fair job with a friend!

Patrice and Aliko Wilson present...

Middle School Drama Workshop

FUN-FREEDOM-PHYSICALITY-MASK WORK

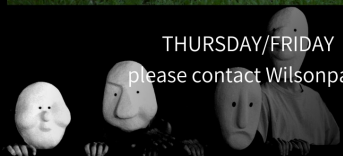
As part of this workshop, we will create our own masks from recycled material and bring them to life in the body.

Prices are \$70 per day

BYO packed lunch Thursday and food for a shared lunch on Friday



THURSDAY/FRIDAY OCTOBER 13/14th | 10-3 MPS Auditorium
please contact Wilsonpatrice10@yahoo.co.nz to book your place
by the end of term



Outdoor Classroom Holiday Workshop Classes 2-5

Monday 10 & Tuesday 11 October at MPS. Our usual, under the tent, firemaking, cooking and traditional crafts.

Wednesday 12 - Wild suburbia. Kepa Bush reserve, Mission Bay. Out to explore one of our urban green lungs. Shelter and utensils making, environmental awareness.

Expressions of interest before Friday October 7 at
luisbernalt@gmail.com.

Outdoor Classroom - Experiential Learning Teacher & Practitioner Training Auckland-based Course 2023

**Tell me, I'll forget. Show me, I'll remember.
Involve me, I'll understand.**

You will develop:

- strategies which integrate outdoor learning with indoor learning
- links with the environment as an agent in learning and teaching
- an understanding of the learning journey using traditional crafts
- deep cultural sensitivity and appropriateness
- reflective practice
- an understanding of whole-person intelligence, and how the literacies of making and growing support full development
- health and safety and risk benefit analysis practices
- camp fire cooking skills

There are four dimensions to this course:

Study and research

A craft and/or gardening portfolio

Reflective practice

Collaborative, reciprocal, shared learning

2023 OCEL Workshop Dates

Introductory workshop:

Saturday, 4 March (day)

Hands-on Immersion Camp (onsite camping optional):

Wednesday, 12 April - Saturday, 15 April

Monday, 16 October - Thursday, 19 October

There will be two Zoom sessions in the first half, and two Zoom sessions in the second half of the year. (Dates to be advised.)

Cost: \$900 per head

Registrations close 20 February 2023

Separate optional supplementary workshops will be held throughout the year.

To enrol, or to request further information

email: lawry.john@gmail.com
Phone: 021 125 7817



INITIATE DANCE HOLIDAY PROGRAMME

WEST AUCKLAND

3-7 OCTOBER 2022

GLEN EDEN
INTERMEDIATE
SCHOOL HALL

MON-FRI 9AM-4PM
(8-14 YRS OLD)

MON-THUR 9AM-12.30PM
FRI 12.30PM-4PM
(5-7 YRS OLD)

EAST AUCKLAND

10-14 OCTOBER 2022

PAKURANGA
BOWLING CLUB

MON-FRI 9AM-4PM
(8-14 YRS OLD)

\$75 PER WEEK
(8-14 YRS OLD)

\$40 PER WEEK
(5-7 YRS OLD WEST ONLY)

DANCE AWAY THE HOLIDAYS AND JOIN IN THE FUN!
LEARN A VARIETY OF DANCE STYLES WITH FUN GAMES
AND TEAM BUILDING ACTIVITIES

BOOK ONLINE - PLACES ARE LIMITED!
INITIATEDANCE.WIXSITE.COM/HOLIDAY



House For Rent on Marua Rd (near Ballarat St)



- 10-minute walk to Michael Park School
- End of drive, no road noise
- Close to bus stop
- Owner-managed
- 3 bedrooms + study, 2 bathrooms
- Fully insulated + double glazed
- HRV + heat pumps
- Part-furnished
(includes washer / drier, TV)
- Double garage

\$900 Per Week

(Includes water and greenwaste disposal)

Contact Ray on 027 294 2472 to arrange viewing
Available 8th October



Young Dragons Classes



Learn Wing Chun Kung Fu in Greenlane.
A traditional Chinese martial art that emphasises:

- Posture
- Correct use of body mechanics
- A practical and direct self-defence method
- Increased fitness, balance and coordination
- Mindfulness
- Respect
- Assertiveness and self-confidence
- Flexibility

Tuesdays: 4:30~5:30

Thursdays: 4:30~5:30

Saturdays: 9:00~10:00

Ages: 6-13

Location: Greenlane

Presbyterian Church

Holiday Program
Inquire for more info



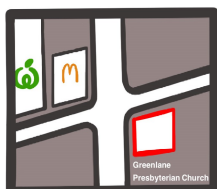
10th, 11th and 12th of October
9am - 12pm
Kung Fu, games, crafts

Contact us on:

021 0285 0016

info@wingchunken.co.nz

www.wingchunken.co.nz



HOLIDAY PROGRAMMES

DANCE | SING | ACT

9am-3pm (drop off from 8:30am)

★ BIRKENHEAD: OCT 10 & 11

★ HOWICK: OCT 11

★ REMUERA: OCT 12, 13, 14

★ OREWA: OCT 5 & 12

SCHOOL HOLIDAY TENNIS CLINIC

AT PARNELL TENNIS CLUB

COACH: GORAN MARSIC

**NZPTCA (LEVEL 2), TCNZ (COMPETITION COACH),
31 YEARS COACHING EXPERIENCE.**

PHONE: (021)167-7460

E-MAIL: gmarsic@gmail.com

WEBSITE:

WWW.PARNELLTENNISCLUB.CO.NZ



**REGULAR COACHING DURING TERM TIME IS ALSO
AVAILABLE FOR CHILDREN AND ADULTS**